

CFR Connection

2021 Issue 2



Child & Family Resources, Inc.

SERVING CHILDREN
AND FAMILIES IN
ONTARIO, SENECA
AND YATES
COUNTIES

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Our Essential Child Care Providers



Child care workers are among some of the “unsung” heroes of the pandemic. Child care providers have been deemed **critical** workers and have been encouraged to stay open during the pandemic. The idea was that child care centers and day care homes would remain open to care for the children of essential workers, such as health care professionals, first responders,

teachers and other frontline workers. This left many providers with the tough decision of whether to stay open and put themselves, their families and their co-workers at risk, or having to close their doors and possibly lose their business, or in some cases, maybe even their very livelihood. Many chose to continue to serve families, but even in doing that, their numbers have been low and it has been extremely challenging for them. Those who chose to stay open, faced new challenges of implementing costly and time consuming health and safety requirements including reducing their number of children while trying to hold onto staff.

Loans and grants were made available by the State, but many providers had a difficult time applying. Some found the rules too difficult to wade through, had a language barrier, lacked the correct paperwork or did not qualify. CCRR agencies stepped up to help providers with the loan/grant process and to help obtain needed cleaning and PPE supplies for providers, but even with this help, many of them sadly, have had to close their doors.

Early childhood educators in general are underappreciated. Child care is essential in our modern society, yet child care workers are among the lowest paid, earning in many cases no more than fast food employees, although many of them have similar credentials and training as teachers. Child care providers are there for the very important formative years for our children. It is a great responsibility that they hold in their hands and they do not take their responsibility lightly.

This time last year, we wrote an article about **Provider Appreciation Day**, which happens annually in May. We would like to dedicate this quarter's Newsletter to our Child Care Providers. We understand the vital work you do and the heart that you put into your work. We hope that if there is good to come of this pandemic, one thing will be for **ALL** to understand and appreciate the vital role you play in our children's futures...in our futures. **THANK YOU...**

staff & site...



Penn Yan Staff

Julie Champion — Executive Director, ext. 2304
Heather Fiero — Director of Operations, ext. 2306
Amanda Hines — CACFP Administrator, ext. 2310
Terry McDonnell — Finance Director, ext. 2307
Cheonna Miller—Healthy Families Supervisor, ext. 2309
Barb Owens — Professional Development Coordinator, leave messages at ext. 2301
Colleen Scott — Family Support Specialist, ext. 2308
Amber Snyder—Early Childhood Education– Assistant
Tracy Travis — CCRR/Infant-Toddler Specialist, ext. 2314

The Children's Center Staff

Christina Kaiser — Early Childhood Education- Assistant
Shaintel Spencer — Early Childhood Education (315) 531-3438

Geneva Staff

Morgan Ball—Registrar, ext. 2218
Heather DeRuyter — Health Care Consultant, (585) 613-5783
Zakena Dixon-Byrd—Registrar, ext. 2210
Tonia Harrison—Family Educator, ext. 2204
Alicia Kagel—Family Educator, 315-559-0292
Eileen Kiesinger—Family Educator, ext. 2222
Terri Knight-Miller—Legally Exempt Coordinator, ext. 2201; Cell 315-530-0612
Natalie Poore — Family Support Specialist, ext. 2219
Dawn Waite-Dinehart — Parent Services Coordinator, ext.2205

Seneca Falls Staff

Andrea Bedette— Registration Coordinator/SF Site Coordinator ext. 2403
Teresa Bryan — Office Manager, CCR&R Specialist-Referral & LE, ext. 2401

Canandaigua Staff

Teresa Deacon — Family Resource Specialist, 315-412-4527
Tina Pierce — Family Support Specialist, ext. 2506
Sarah Scorsone — Healthy Families Coordinator, ext. 2507

Main Sites: Regular office hours are Monday-Friday, 9-4:30

Children's Center Hours:

Monday 9:00am-3:30pm
Tuesday 9:00am-3:00pm
Wednesdays 1:00pm-4:00pm
Thursdays 9:00am-5:00pm
Fridays 9:00am-12:30pm

Website: www.cfresources.org

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Penn Yan Center

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Penn Yan, NY 14527
315-536-1134
Fax: 315-536-9918

Children's Center

Yates County Courthouse
415 Liberty Street
Penn Yan, NY 14527
315-531-3438

Geneva Center

671 S. Exchange Street
Geneva, NY 14456
315-781-1491
NEW Fax: 315-789-2524

Seneca Falls Center

115 Fall Street
Seneca Falls, NY 13148
315-568-0945
Fax: 315-568-0978

Canandaigua Center

514 S. Main Street
Canandaigua, NY 14424
585-919-2476
Fax: 585-394-2078

for our providers...



Parents Love Their Providers

"Our childcare provider Carol is beyond amazing with our son Phillip. He is always greeted with a smile, and loves being there. When we pick him up he is always happy and smiling. She does amazing crafts with the kids and always keeps the parents updated. We honestly couldn't ask for a better childcare provider."

"Our Children's Place has been caring for my two children, now in the toddler room and school age room. They have taken all necessary precautions due to Covid to make sure the staff as well as children are safe. The school age staff has gone out of their way to help students with their remote learning days. My child makes all their meetings and completes all work to the point the teacher at the elementary school compliments them! I couldn't be happier with the care my children receive and am so grateful for the providers who take care of them!" ~Erika

"Our child care provider, Carol Andrews, has been with us since our two children were very young, the youngest being just six weeks old when he first attended daycare. Many weeks, she is with the children more than us. We are so grateful for her, because although it is her 'job,' she goes above and beyond. She is a sincerely caring person and our children adore her and feel comfortable in her home. She is genuine, relaxed and always understanding. I couldn't imagine there is anyone out there that does it better and we appreciate her so very much! It's sad to think one day she won't be "needed" by our family anymore, as she has become an extension of the family. Thank you so much, Carol- we love you!"

"I cannot say enough about how fortunate I am to have found such a great daycare provider. Both of my children look forward to daycare and really enjoy being there. As a mom I love the little projects the children come home with. The kids are so proud of what they have made during their time with Cathy. It is very apparent she is someone who loves what she does and that it is much more than her "job." Heather Patterson

Thank you again child care providers for all you do for our children!



agency highlights...

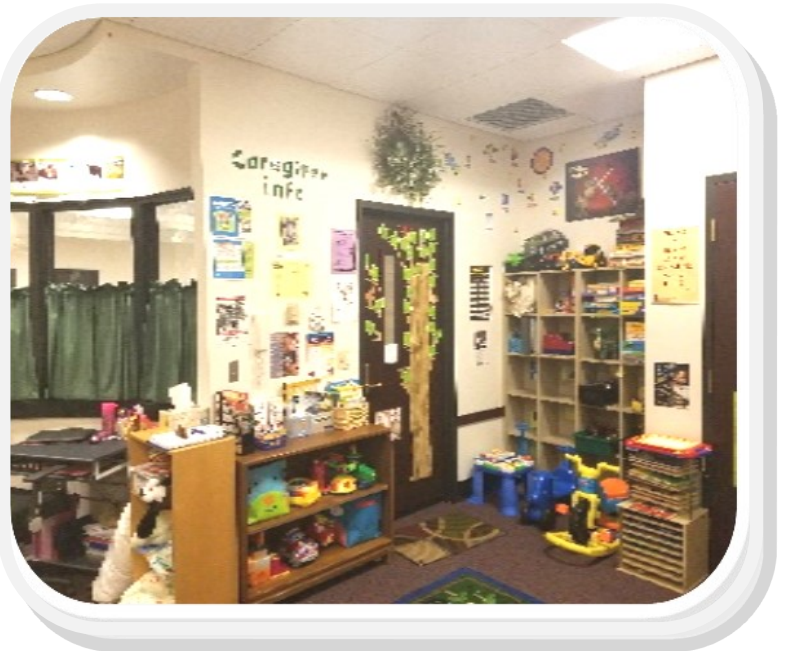
Yates County Children's Center

The Yates County Children's Center is a drop in program that is available for families needing childcare for their appointments **within the Court House** such as court, mediation, parole/probation, or filing paperwork. The center located in the Yates County Courthouse building, has been open for over a decade, and has provided many families with peace of mind, so they are able to concentrate on their own affairs. We provide care for infants and children ages 6 months to 12 years old. The schedule in which we are open reflects the family court schedule. Our hours of operation are Monday 9-3:30, Tuesday 9-3:00, Wednesday 1-4, Thursday 9-5, and Friday 9-12:30. We close from 12:30 to 1:00 for lunch.

With the current CDC guidelines in place, the center has made necessary changes, while continuing to provide a fun, and nurturing environment that all the kids' love. We assure you that the center is constantly cleaned and sanitized. We remain current and up to date on all guidelines.

We are used to being on the floor playing with toys, or playing in the sensory table that is known for having Kinetic Sand, Orbeez or regular sand in it. Crafts are second nature, and the artwork can either go home with the children, or we decorate the center with it. We provide healthy snacks, and tend to the needs of your children.

For families who plan on using the center please arrive 15 minutes early to fill out paperwork that is needed. You are required to stay inside the courthouse while your children are in our care.



We extend our sincere gratitude to every person who supports Child and Family Resources with contributions of time, goods and money.

Branchport Fire Department
Budding Readers
CareNet Pregnancy Center
Children's Centers in the Court
Family Hope Center
Fidelis Care

Friendship House/Middlesex
Healthy Families Ontario-Yates
Henkel/Geneva
Keuka Korners/Branchport
Office of Children & Family Services
Shaina Sheppard

Shuttleworth Asphalt Sealing
Terri McCann
Tyler Butler
Ulys Poore
UR Thompson
Wegmans/Geneva

Our Mission Statement

Child & Family Resources is dedicated to providing affordable and accessible programs that enhance and support the education of parents, caregivers, and child care providers, as well as encourage the highest quality of care and positive learning experiences for young children.

agency highlights ...

Parents & Guardians

Our agency and one of the families we work closely with were recently featured in an article published for the Daily Messenger on 2/19 and the Democrat and Chronicle on 2/28.

The article that was printed talks about the journey the family took becoming new parents just as the COVID 19 shutdown was starting to happen. Mom spoke candidly in the article about her feelings of being overwhelmed after their baby was born. Mom, (*Nichole Hudson*) described being embarrassed that she was experiencing postpartum depression. Also to add to the overall stress of the Pandemic, the father, Zach Barse was furloughed at his job and the baby had colic. "I was so happy to share my story as well as the support I have gotten from Healthy Families. It means the world to me and my family," Hudson said.

Through our Healthy Families Ontario & Yates program, Nichole, Zach and baby Aliyah were able to be paired with a family support specialist (*Tina Pierce*) who helped the family by introducing Nichole to our "Baby Café" program, dropping off needed items such as diapers, wipes and books and being there for other additional supports.

Healthy Families is a free personalized program that matches parents with knowledgeable and caring workers who provide information and support during pregnancy and early childhood.

For more information on our Healthy Families program and Baby Café visit: <https://cfr.clubexpress.com/>
Also check out our Baby Café flyer on page 11 of this Newsletter.



Our Drive-thru Events



On the 27th of February, Child & Family Resources, Inc. Parent Advisory Committee hosted a "Barnyard Drive-thru Event". The packages given to each family were filled with: fun barnyard themed activities, wellness items, youth books, positive quote magnets, handmade books, community resources and information on programs we offer. We had a total of 28 families participate in this event!

We would like to send a special thank you out to Henkel in Geneva, Wegmans in Geneva, and Fidelis Care for their generous donations contributing to these family packag-

Thank you to our Sponsors:

es.

Our "Pinwheel Garden Spring Cleaning" events were held in April, and had more than 30 families ready to participate.

We host at least one event quarterly, wanting to reach as many families with young children as we can to give them the most impactful necessities that they might need.





Comforting Infants and Young Children with ACEs



Learning about ACEs is a new topic that registered and licensed child care providers are now required to include in their trainings. Thank you providers for staying current with newest regulations!

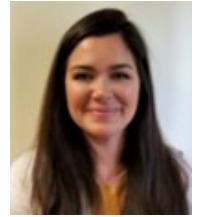
You may have heard about ACEs. If not, ACEs stands for Adverse Childhood Experiences. Even in infants and toddlers, adverse childhood experiences may increase a child's risk of health problems. To help a child who has had childhood trauma, relationships with supportive adults go a long way toward reducing their stress. Below are some ways to reduce stress for infants and young children.

- Tune in and learn the child's signals. Help them calm down when you sense that he/she is stressed or scared. Soothe the child, and teach ways to calm down when feeling upset.
- Talk and play with the child. Babies like to be rocked, cuddled, and massaged. Toddlers thrive on hugs, shared stories and songs, and daily routines. These actions can help children feel seen, heard, and understood.
- Focus on managing your own stress. This can help you better adjust the way these feelings impact how you respond to the child. Having a calm parent/caregiver will help protect a child during periods of stress.
- Take your child to regular medical visits. Your medical provider can help you understand when your child's health may be at risk.

Other ways to help your child's body deal with stress:

- Stick to daily routines. They help children know what's happening next, which can reduce stress
- Have your child exercise regularly. Make sure your child is getting at least an hour per day of active play.
- Help your child eat well. Good nutrition builds brain health and protects the body. Serve fruits and veggies at meals and avoid junk food.
- Turn to supportive relationships in your family and community
- Ensure your child gets adequate sleep. Sleep gives the body time to grow and recharge and children who get adequate sleep manage stress more easily
- Seek mental health care if needed.
- Practice being in the moment; try breathing and meditation. It can help the body manage stress.
- Talk to your health care provider about whether your child's ACEs might be affecting their health and what you can do about it.

ACEs don't just affect children, they affect families. Some of the most important things you can do to stop the effects of ACEs include learning to manage your own stress so you can be a healthy, stable, and caring presence for your child. This includes making lifestyle choices such as eating healthy food, getting regular exercise, making a good night's sleep a top priority, and practicing mindfulness. Getting mental health support can also be helpful if you experienced ACEs and trauma in your own childhood or are currently experiencing stressful or traumatic situations in your life. The good news is that science shows how bodies and brains grow and change every minute of the day! This means that by starting today, putting some of these lifestyle choices into action and getting the right help when you need it, can help build a healthier future for you and your family.



Dear Licensed and Registered Child Care Providers,

Springtime is one of my favorite seasons! I enjoy the warmer days, watching the trees grow new leaves, awaiting flowering plants and hearing the birds chirp again. Springtime also means more outdoor playtime for children!

Section .5(a) indicates suitable precautions must be taken to eliminate all conditions in areas accessible to children which pose a safety or health hazard. **Section .5(n)(1-5)** focuses on materials and outdoor play equipment. Spring is the perfect time to review all outdoor play equipment for damaged or broken pieces as they have been exposed to the elements from winter. Any play equipment that poses a fall hazard must also have a cushioned surface underneath. If you can't feel a bounce under your step, it's time to add another layer of ground cover. **Section .3(h)** focuses on peeling or damaged paint. All surfaces like stairs, decks, fencing, sheds, garage doors, and siding that have previously been painted should be reviewed for repairs.

With more outdoor playtime comes more accidents occurring with children. When outdoors, remember to follow regulations and your Health Care Plan. **Section .11(h)(2)** requires a portable first aid kit to be accessible for emergency treatment. **Section .15(c)(6)** states if a child sustains an injury while in program, you are required to keep a record of any illnesses or injuries. **OCFS-4436 INCIDENT REPORT FOR CHILD DAY CARE** can help you achieve compliance with this regulation. **Section .15(b)(14)** indicates a caregiver must immediately notify the parent and Office upon learning of an injury or event that occurred while a child was in care. **Policy Statement 20-01** outlines all situations that must be reported to your licensor or registrar.

Remember, your licensor or registrar are available to answer any questions you may have regarding regulation compliance. Therefore, do not hesitate to contact them.

I would like to give a BIG shout out to Morgan Ball, one of our registrars, for updating the provider boxes located at all our sites! Don't forget, if you need a form, these are available for immediate pick up in Penn Yan, Canandaigua, Geneva, and Seneca Falls during business hours. Forms may also be obtained by calling one of our offices or visiting the OCFS website at <https://ocfs.ny.gov/search/docs.php?type=1&topic=3> for download.

Lastly, I would like to say **"thank you"** providers for continuing to provide quality child care for working families during a nationwide pandemic. The work you do daily is ESSENTIAL!

Sincerely,

Andrea Bedette
Registration Coordinator



Did you know?

...that caring for 3 or more unrelated children for more than 3 hours per day per child is considered illegal care according to NYS law?

Call:
315-568-0945
Ext. 2403
for more
information

WELCOME!

New Providers:

Kari Veeder
FDC

The Salvation Army, SACC

TLC Adventures in Child Care West, Inc., SACC

New CACFP Providers:

Kari Veeder

child care training reminders...

TO ALL FAMILY PROVIDERS, CENTER AND SCHOOL-AGE DIRECTORS AND STAFF

Due to the coronavirus and the unknown, we are not publishing a training catalog at this time. We are still going to provide Zoom trainings and in person with a limited number of participants, unless the latter is deemed unsafe. Any in person training will have to practice social distancing. These will be held at either the Geneva Office or the Canandaigua Office. You will be notified of these classes with an e-blast and, in some cases, a post card. Please feel free to reach out to;

Barb Owens - barb.owens@cfresources.org,

Tracy Travis - tracy.travis@cfresources.org or Heather Fiero, heather.fiero@cfresources.org if you have any questions.

Health Care Consulting Services

Our Health Care Consultant partners with child care centers, group and family child care homes and school-age programs to foster healthy and safe environments for children. The HCC acts as a resource to:

- ⇒ Develop, review and approve a health care plan for the child care program that meets both regulatory requirements and best practice recommendations.
- ⇒ Answer questions about common child care health related issues;
- ⇒ Provide technical assistance during your creation of policies and procedures to help keep children and adults in your program safe and healthy;
- ⇒ Provide training and education about health related issues (additional fees may apply)

Fees: Cost for HCC site visit is \$50/hour. Health Care Plan approval service is valid for 2 years and includes required updates and reviews. Specific trainings or additional services may incur additional fees.

Contact Heather DeRuyter at
heather.deruyter@cfresources.org



CACFP Training May 20 - 6:00-7:30pm

"Helping Children in Your Care Learn Healthy Eating Habits, and More!"

Zoom Training

Registration Deadline 5/13/21

CFR sponsored CACFP participants attend Free
Non CFR sponsored participants are \$15.00

Registration form required to attend.

Questions— Call Amanda Hines 315-536-1134, ext.2310

In-Service Training & Center Development Packages

**Want a topic covered for your entire Center or School Age Program?
Like training during working hours or evenings?**

In-service Group Training:

\$100/hour per trainer for up to 10 participants.

Additional fees for groups of 11 or more, (plus material fees for make & take style sessions)

- ◇ All In-service trainings are a minimum of 1.5 hours, delivered on-site and in the topic area of your choice.
- ◇ Designed to be a combination of hands-on engagement and lecture based.

Center Development Packages:

Funded by the Office of Children & Family Services

- ◇ Combined package of 4 hours of in-service training and 2 hours of intensive technical assistance
- ◇ Topic area of your choice or determined by identified registrar/licensor requirement.
- ◇ \$200 stipend given to center upon completion of the training and ITA for quality improvements
- ◇ Limited availability of packages

Popular requested topics include:

- Art—It is the Process
- Behavior Management
- Bullying in Childcare
- DAP— Developmentally Appropriate Practice
- Effective Communication Strategies
- Effects of Trauma on Children
- Emergency Preparation
- Expanding Programming (math, science, art, music)
- Building Your Bounce—staff health/well being
- Lesson Planning— age appropriate
- Observation & Assessment of Children
- Playful Learning
- Professionalism and Ethics in Childcare
- Safe and Healthy Environments
- Social Emotional Development
- Supervision
- Regulation Review—new regs 2021

**For more information contact
Barb at barb.owens@cfresources.org**

child care training reminders ...

EMAO

Emergency Medication Administration Overview

- ♦ **EMAO: \$85** → Learn how to safely administer emergency medications in child care, including: Epinephrine Auto-Injectors, Diphenhydramine with the Epinephrine Auto-Injector, Asthma Inhalers, Nebulizers. All sessions held at our Geneva Site.
- ♦ **Add on Module 8 to STOCK EPINEPHRINE in Your Program: included in above price** → Satisfies DOH requirements for child care programs to stock non-patient-specific epinephrine auto injectors in accordance with §3000-c of Public Health Law. Additional .25 hours delivered the same day

Dates to be determine based on need.

Heather is available to train

DCC/SACC staff at their site.

Trainer: Heather DeRuyter, RN

Topic areas covered: 2(NH), 4(SS), 7(SDC)

Registration required online at:

<https://www.ecetp.pdp.albany.edu/findtraining.aspx>

Keyword: emergency. Follow online directions to complete registration. You should receive a confirmation email regarding registration and payment.

M.A.T.

Medication Administration Training
Childcare providers must complete this course in order to administer prescription medication.
(Certification valid for 3 years)

Independent Study Course \$70

June 12 - 9:00am -12:00 Geneva Office

Note: The Independent course has to be followed up by an in-person skills session with our Red Cross Trainer.

For questions contact:

heather.deruyter@cfresources.org

Registration required online at :

<https://www.ecetp.pdp.albany.edu/findtraining.aspx>

Click MAT. Click Rochester and look for Child & Family Resources. Follow online directions to complete registration. You should receive a confirmation email regarding registration and payment.

Certified MAT Instructor: Heather DeRuyter, RN

CPR & First Aid –Trainings

CPR and First Aid are a requirement for Child Care programs in NY State. At least one certified staff must be on site at all times.

Infant, Child & Adult First Aid/CPR/AED

Blended Learning Course : \$70.00

May 15 (9:00—11:00) (Limited to 4)

A combination of online learning and in-person skills session. Learn the material at your own pace online, then attend the in-person skills session above.

Offered at Geneva Site

2 (NH), 4(SS)

Trainer: Heather DeRuyter, RN—American Red Cross

Understanding ACE's and It's Impact on Children

FREE



This class is designed so that participants will have an understanding of the effects of adverse childhood experiences on children. We will investigate how these experiences effect brain development and also a child's behavior. We will look at children from infancy through school-age.

TBD May Zoom (6:00pm - 8:00pm)

Topics: I(CD), 10(ACES)

Trainer: Barb Owens

**This class is funded by OCFS
Infant Toddler Project**

**Unless otherwise noted,
contact Heather Fiero at:
315-536-1134 ext.2306 to register for classes.**

Protective Strategies for Parents During the Pandemic



Being a parent during this pandemic has challenged us in ways that we might have never imagined before. So many of us are working from home and trying to manage children and their home schooling, being in close quarters, getting on one another's nerves and just generally being pulled in many directions. Along with all of this stress, we do not have the usual outlets for socializing and connecting with those who could help us get through. So if you feel like things are all falling apart, you are not alone.

Here are some tips that will help us all get through this challenging time and through the winding down of pandemic restrictions.

- Create structure, routine and predictability.
- Schedule time to set aside for non- school related activities with your children (time that they know they can have you for themselves without any distractions). The key is to make it “scheduled” time. So they know when to be able to expect it.
- When you shift from one role to another...give yourself a little time in between to take a short breather to decompress.
- Be aware of your stress level. If you are reaching a high level of stress, take a minute to do some breathing exercises or meditation, walk away for a few minutes, or whatever works for you to reduce your stress before you hit your danger zone.
- Create a “safe zone.” Or have each family member create a safe zone for them. This would be a place where they can go to calm down and let the storm pass. It is important to make these safe zones positive places. Maybe a place where a child can go to listen to music for a while or maybe a journal or art area, but a place where calming can happen that will not be thought of as a punishment.
- Have a weekly family meeting where positive things that occurred during the week can be shared. Or problems can be solved together. Once children reach school age, they have the skills to come up with their own solutions to problems if you give them a chance. Remember to “empower” your children. When you do this, they feel listened to and respected and it can contribute to improved behaviors. But remember that true empowerment means that children can have some actual influence in the outcomes. So when they come up with some ideas that are workable....give them a try!

These are certainly not easy times for parents or children, but taking the time to put plans in place and to work together as a family team, can go a long way toward coping with it all.

<https://www.psychologytoday.com/intl/blog/the-well-being-toolkit/202010/sos-parents-during->

Family Support Group

This is a place to come together for support, share helpful tips, tricks, and any concerns you may have.

Currently we are offering this parent support/ educational group via zoom.

For info call:

315-781-1491 ext. 2204

Grandparent Support

Available for grandparents caring for children.

Zoom or phone sessions being offered.

1 on 1 available.

For info call: 315-781-1491 ext. 2201 or Email:

terri.knight-miller@cfresources.org

for parents...

babycafé Finger Lakes



www.babycafeusa.org

Do you have
parenting
questions?

Pregnant and
interested in
breastfeeding?

Want to
meet other
local moms
and dads?

Baby Café Zoom Chat (AM and PM choices)

~Breastfeeding Support Available~
~Connect with other local moms and dads~

***Moms and dads** (living in Ontario or Yates County): Join *two* cafés to
receive a **free** baby gift!

For Baby Café Zoom information...

For breastfeeding support or assistance...

For any additional one on one support...

Call/text/email Teresa: (315) 412-4527, Teresa.deacon@cfresources.org

All parents/caregivers of infants are welcome!

***Please check out our new FB Page: Healthy Families Ontario & Yates.**



Rev.1/2021



Finger Lakes
Breastfeeding Partnership

ROCHESTER
REGIONAL HEALTH



Spring Flower Snack



<https://www.momendeavors.com/cute-kid-snacks-staycation-fun-food-ideas/>

Ingredients:

Strawberries

Kiwi

String Cheese

Use a string cheese for the flower stems and center of the petals. Then, cut fruit (strawberries work great) for petals and put the flowers on a bed of kiwi – it's the perfect spring snack!

Note: Sliced apples can substitute for Kiwi.

NATIONAL
CACFP SPONSORS
ASSOCIATION

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Lit'le Children - Poem to Honor Child Care Providers

Lit'le Children



Who will sing the
songs when I am gone?
When I am gone who
will sing?
Who will smell the
flowers that bloom
next spring?

Who will watch the sun
get up at dawn
(at dusk it disappears)?
Who will watch the
changing moon through-
out the changing years?



Who will read the books
and turn the pages?



Who will become the
wise men and the sages?

Lit'le Children

Who will trample down
the winter's snow?
Who will watch the trees
continue to grow?



Lit'le Children

Who will cry and smile
and laugh and live?
Who will love and grow
and share and give?

Lit'le Children



Who will dig the hole
and plant the seeds?
Who will harvest the
fruit and supply its
own seed?

Lit'le Children

And when they grow old
and become sixty-five,
Who will keep their
memory songs alive?



Lit'le Children

By Burnece Walker Brunson, 1980

Who will catch the
raindrops in its hand?
Who will grow up to
become a woman or a
man?

Lit'le Children



Back in 2003 I was a director of a child care center. I discovered this poem and immediately gave it to my staff. While I was cleaning out my files, I found this again. This time I thought of all the family providers and center staff who are with our children during the time parents are not able to do so. This speaks of the importance of relationships for all who care for children. This past year has been especially difficult for all. Please take time to read and reflect. Thank you to all caregivers – you give memories to those you care for.

April 2021 — June 2021

April

- 1 April Fools Day
- 2 Good Friday
- 4 Easter
- 10-16 Week of the Young Child
- 12 First Day of Ramadan

May

- 7 Provider Appreciation Day
- 9 Mother's Day
- 31 Memorial Day—Offices Closed

June

- 14 Flag Day
- 18 Juneteenth Observance—Offices Closed
- 20 Father's Day & First Day of Summer



Parenting Meetings and Support!!

Baby Café Zoom Chat

Join in anytime during the live sessions

Email for zoom links and dates:

Teresa.deacon@cfresources.org

Join our Face Book Groups:

Baby Café Canandaigua & Baby Café Yates

Families In Transition (FIT)

Assisting Children in Transition (ACT)

Dates and locations vary all year long.

Parenting class for separating, divorcing and co-parenting parents. (sliding fee scale available)

Family Support Group

Tonia Harrison—Educator

Call 315-781-1491 ext. 2204 for information or

tonia.harrison@cfresources.org

Grandparent Support Zoom or Chat

Terri Knight-Miller—Facilitator

Call 315-781-1491 ext. 2201 for information or

terri.knight-miller@cfresources.org



Community Partner

*"To every child—I dream of a world
where you can laugh, dance, sing, learn,
live in peace and be happy."
Malala Yousafzai*



You can request a copy of our most recently filed financial report from the Charities Bureau Registry on the New York Attorney General's website. For information on charitable organizations like ours you can visit www.charitiesnys.com or call the NYS Office of the Attorney General at 212-416-8401.

CHILD & FAMILY RESOURCES, INC.

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This contribution is a Memorial Gift Honoring: _____

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