

At Healthy Families  
we believe...

that every parent can  
benefit from  
**friendly support,  
community resources,  
& child development  
information.**

We offer free and  
personalized services to  
expectant/new parents in  
your community.

Please fill in your information.  
Your answers are kept  
confidential!

I would be happy to call you  
and share with you about our  
program services.

You are also welcome to  
call/text our Family Resource  
Specialist

(315) 412-4527

## Parent Referral

Fax to: 585-337-0445

Email to: [hf.info@cfresources.org](mailto:hf.info@cfresources.org)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Your Birthday: \_\_\_\_\_ Other Parent: \_\_\_\_\_

Due Date / Child's Birthday: \_\_\_\_\_

Are you married? Yes \_\_\_ No \_\_\_

Did you begin prenatal care before 3 months pregnant  
and continue with regular care? Yes \_\_\_ No \_\_\_

I feel that I have enough money:

Yes \_\_\_ No \_\_\_

Please contact me with more information  
regarding Healthy Families and other  
community resources. Yes \_\_\_ No \_\_\_

Referral Source: \_\_\_\_\_





## Healthy Families provides:

- Free & voluntary home-based services
- Pregnancy & postpartum support
- Bottle & breastfeeding support
- Child development activities & assessments
- Strengths-based family goals
- Positive parenting options
- Promoting self sufficiency
- Community resource referrals



Ontario County  
502 S. Main St.  
Canandaigua, NY 14424  
Phone: 585-919-2476

Yates County  
263 Lake St.  
Penn Yan, NY 14527  
Phone: 315-536-1134

Seneca County  
115 Falls St.  
Seneca Falls, NY 13148  
Phone: 315-568-0945

[cfr.info@cfresources.org](mailto:cfr.info@cfresources.org)  
[www.cfresources.org](http://www.cfresources.org)

**Ask us about our:**  
Car Seat Program  
Child Care Referrals

Funded by:



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...because babies don't come with instructions.

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