

Healthy Families

Ontario, Seneca & Yates



All of our services are free, voluntary, and provided for you in the comfort of your own home!

Healthy Families provides:

- ◆ Pregnancy & postpartum support
- ◆ Bottle & breastfeeding support
- ◆ Child development activities & assessments
- ◆ Building on the strengths of each family
- ◆ Positive parenting options
- ◆ Encouraging parents to reach their individual goals
- ◆ Community resource referrals



**Child & Family
Resources, Inc.**

Ontario, Seneca and Yates Counties

**671 S. Exchange St.
Geneva, NY 14456
Phone: 315-781-1491**

**514 S. Main St.
Canandaigua, NY 14424
Phone: 585-919-2476**

**263 Lake St.
Penn Yan, NY 14527
Phone: 315-536-1134**

**115 Falls St.
Seneca Falls, NY 13148
Phone: 315-568-0945**

**cfr.info@cfresources.org
<https://cfr.clubexpress.com/>**

**Ask us about our:
Parenting Partners Group
Car Seat Program
Child Care Referrals**

Healthy Families is funded by the New York State Office of Children and Family Services, and is in partnership with Ontario County Department of Social Services.

**Healthy
Families
Ontario
Seneca & Yates**



At Child & Family Resources, Inc.



***... because babies don't come
with instructions***



At Healthy Families we believe that every parent can benefit from friendly support, community resources, and child development information.

We offer free and personalized services to expectant/new parents in your community.

Please fill in your information. Your answers are confidential! I would be happy to call you and share with you about our program services. You are also welcome to contact me!

Teresa: (315) 412-4527

Fax to: 585-337-0445

Parent Referral

Email to: cfr.info@cfresources.org

Name: _____ **Phone:** _____

Address: _____

Email: _____

Your Birthday: _____ **Other Parent:** _____

Due Date / Child's Birthday: _____

Are you married? Yes No

Did you begin prenatal care before 3 months pregnant and continued with regular care? Yes No

I have enough money and do not need financial assistance: Yes No

Please contact me with more information regarding Healthy Families and other community resources. Yes No

Referral Source: _____

